



L.E.A.N. Letter

~The Soul-jour Series~

"The Life Of A Soul-jour: Transformation" ©

Soul-jour: A soul on a journey- an enlisted disciple engaged in fulfilling one's duties while serving their Lord and Savior, Jesus Christ.

TRANSFORMATION:

Transform: A complete or major change in someone's or something's appearance, or form.

Soul-jours, when it comes to the process of transformation, you must strive to be in the Lord's will. "Do not conform to the pattern of this world, but be **transformed** by the renewing of your mind. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will" (**Romans 12:2**).

"Death" of oneself is the sacrifice that the Lord seeks from His *Soul-jours*, and will reward each accordingly for doing so (**Philippians 1:21**). After "death", a *Soul-jour* must remain "salty", and not grow complacent (**Matthew 5:13**). Seek daily transformation in your spirit, and draw closer to Jesus by growing in His likeness. A *Soul-jour* is expected to seek greatness, and rise above your sin-nature and live as Jesus did (**1 John 2:6**).

Soul-jours, in order to be in alignment with the Lord's will, you must first re-define the Truth of the life in which you live. Once you have accepted to live according to the Lord's standards and not according to the world's, then it first begins with renewing your mind that Jesus' way is the **ONLY** way, so the patterns of the world must be left behind.

A thorough self-examination is necessary, and requires complete honesty with yourself in order to identify the patterns from your previous worldly life. For example, every morning you go to get coffee at your favorite place; every Friday you go out to dinner at your favorite restaurant; or every day you go to the gym at the same time. This is also true when it comes to expectations you place on your life, such as you want a house with a white picket fence, and you want to be married with kids by the age of 30, or you want a sports car, etc. All of this is great, but only if this is the Lord's will for your life versus what **YOU** desire. Remember, Jesus will already bless you with the desires of your heart well beyond what you **THINK** you want, so that should not be a concern (**Psalms 37**). However, what should be a concern is not being where you are meant to be at the time He calls, and who/what you may miss because of your lack of obedience. This is another reason why praying without ceasing is an absolute must (**1 Thessalonians 5:17**), even when it comes to praying over the little things.

A TRANSFORMED ATTITUDE

Soul-jours, your attitude must undergo transformation along with all of the spiritual changes occurring in your heart. Your attitude must be in alignment with Jesus and not with those of this world, because you are no longer of this world (**John 17:14-18**). Like Jesus, seek uniqueness and expect to stand out and to be different, and then expect to see the Lord working in your life in supernatural ways. *Soul-jours*, watch what comes from your mouth, and tame your tongue (**James 3:5-12**).

Your adversary, Satan, doesn't have power **UNLESS** you give it to him. He feeds on the very words that you speak, and also on the actions that manifest. You, often times, fuel your own fire by fertilizing Satan's "seeds" when you allow them to be "planted" in your mind. These are the "seeds" that were cultivated straight from the pit of hell, so be on your watch by always standing in Truth and in Jesus' name!

Satan learned about the power of words back in the original days of creation. He has studied mankind ever since he was able to influence the fall of Adam and Eve (**Genesis 3:1-7**). He knows the ways of man better than you realize. He also knows you personally, and which buttons to push, and your areas of vulnerability that can make you "slip". *Soul-jours*, you only "slip" when failing to recognize the trap of lies set before you. With this realization, don't be scared or harbor fear. If you have any emotion at all towards your enemy, have *righteous* anger and fight back, and refuse to let him steal, what rightfully belongs to you, any longer! Take a stand in Jesus' name! (**Please read on...**)



L.E.A.N. Letter

~The Soul-jour Series~

"The Life Of A Soul-jour...Transformation (Continued)" [©]

Soul-jours, the statements you make about yourself (or about others) are more powerful than you may realize. God created all of existence through words, so don't underestimate the great impact that words can make! Embrace the power of "I am" affirmations throughout your continued transformation. When Jesus said "I am" without further explanation (**John 8:58**), that should be enough of a realization that these two words (alone) are used as powerful expressions of self-identification. *Soul-jours*, recognize that every statement you make about yourself such as "I am stupid", "I am lost", or "I am a beautiful", etc., becomes your identity in the moment that very sentiment exits your mouth. Also, what you call yourself, you are also calling Jesus, since His Holy Spirit dwells in you. You are limiting His power to work in your life should these affirmations be negative.

Soul-jours, your attitude towards others, and yourself, can often times curse their lives, and/or your own, when making statements such as "He will never change.", "She'll never be a good mother.", "I will never be able to own a home.", etc. *Soul-jours* know that ALL things are possible through Jesus Christ according to His will (**Matthew 19:26**). There are many things in this life beyond your control, but you do have control as to what comes out of your mouth. Choose to tame your tongue by expressing (positive) words of love and encouragement, otherwise, choose to keep your tongue at rest (**James 3:5-12**). Like Jesus taught his early disciples, all it takes is a mere statement of power such as "May you never bear fruit again!" that determined the fate of the fig tree (**Matthew 21:18-22**).

Soul-jours, train your physical and spiritual ears, and become more aware of what you are saying. If you have moments where these negative statements are made, then rebuke your words right away in Jesus' name, and then confess that moment of weakness to the Lord, and then move on. This same correction must be done if you speak any condemning words towards others to reverse the damaging effects that may manifest. *Soul-jours*, it is your duty when around fellow brothers and sisters in Christ to rebuke their negative statements about themselves as well. If not you, then who? This is considered an act of love to prevent false identification from being accepted as one's truth.

Soul-jours, your attitude will determine your level of belief and expectation(s) in the power of Jesus' name. When man says "can't", *Soul-jours* say "can" (**Philippians 4:13**). Having a "can do" attitude, when using Jesus' name, is a critical element for your "survival". Besides, who would enlist to "fight" a war with a "can't do" mentality? That's the kind of thinking that will get a *Soul-jour*, as well as others, "killed".

(**Note:** A *Soul-jour* must never have the attitude that leads to the misuse of Jesus' name as a "name it and claim it" tactic. Improper use of His name is an abomination within the body of Christ, and is not tolerated, especially when seeking to grow in worldly wealth! (**1 Timothy 6:5 and 1 Timothy 6:10**))

ARE YOU STRUGGLING WITH THE TRANSFORMATION PROCESS?

Soul-jours, once you have enlisted to serve Jesus, your time of spiritual transformation has already occurred. You are a new creation, given new "skin" (**Matthew 9:17**), and have a new spiritual heart. The old is gone, and the new you is all that remains (**2 Corinthians 5:17**). Hence, why salvation is forever, and irreversible...just like the eternal promises of the Lord.

Though your initial transformation has already occurred, the evolution of your spirit and continued transformation is ongoing. Just like in a relationship, becoming complacent and stagnant is detrimental to the evolution of what could be. You will never know until you have given it all you've got!

The process of continued transformation is like growing closer to your spouse through marriage. Why unite your spirit/flesh with another only to strive for a mediocre relationship, especially when that person is intended to be in your life forever (**Matthew 19:6**)? The time and attention you put in to having a nurturing and loving relationship with your spouse will be a determining factor in the strength (and possible longevity) of your marriage. (**Please read on...**)



L.E.A.N. Letter

~The Soul-jour Series~

"The Life Of A Soul-jour...Transformation (Continued)" [©]

Your continued transformation in Jesus works the same way, and is even more important. Why *enlist* as a *Soul-jour* only to strive for mediocrity when you possess the power of the almighty Holy Spirit, which enables you to push beyond the boundaries of the flesh in Jesus' name. So, *Soul-jours*, examine yourselves (which you are expected to do daily) to ensure that you are walking in the faith, and in what you say you believe. This will guarantee a successful and ongoing transformation (2 Corinthians 13:5).

Are your struggles occurring because you are making choices without first consulting Jesus? If so, perhaps you are finding yourself in undesirable situations and/or places. Or, do you wonder if you are missing opportunities in your life because you are making your own choices and not receiving direction from the Lord? Do you truly pray without ceasing, even over the "little" things? What you do with little you will do with much (Luke 16:10). This is one of the "formulas" of life. It's the way you handle the "little" things in life that matters most to the Lord before He will entrust you with greater opportunities. So stay aware that you don't miss HIS blessings throughout your transformation.

Whose will are you truly seeking...your own, or His? Being honest with yourself about this is the first step to realizing what may be hindering your continued transformation. If your struggles persist, are you getting in the way? You must come to realize that if you are stubbornly trying to conform to the "old" you that would be like trying to fit a square peg through a round hole. It's just not going to fit. Sure, you can force it, but you will likely be in for an uncomfortable "hell on earth" experience.

Soul-jours, we are not meant to just revere Jesus, and His many teachings, but to strive to BE more like Him every day. He has passed the "torch" to His *Soul-jours* to keep His light burning brightly, which can only happen if you seek to transform into your higher self. *Soul-jours*, only YOU made the choice to *enlist*, so it is up to YOU to remember why YOU made this commitment, and then stand in it. Avoid growing weary of the thought that you are only one person...this will hinder your transformation faster than anything else. Just remember, there was only one Noah, one Moses, only one Jesus, and only one YOU. **SO AGAIN, IF NOT YOU...THEN WHO?**

~ These inspired words are intended to strengthen the body of Christ so that we can eliminate "obesity" of our spirit (unnecessary confusion and distraction), and to set ourselves apart from the world so that we can stand out as the mighty warriors we are called to be In Jesus' name! (These inspired messages/teachings are never to substitute the pure Word of God found in The Holy Bible.) ~

May you be blessed, and may you "Live L.E.A.N. (Loving Everyone As Neighbors)...Live Long"!

~Scripture passages are cited using the NIV Holy Bible.~